

April 13, 2017

PRESS RELEASE

FOR IMMEDIATE DISTRIBUTION

Spalding County Parks & Leisure Services
770-467-4750

SPALDING COUNTY SENIOR CENTERS INVITE OUR SENIOR CITIZENS TO “COME GROW WITH US!”



The Spalding County Senior Center is excited to announce *Come Grow With Us*, the innovative, raised bed gardening project for senior citizens ages 50 and over is a proven success!

Cool season crops that include English peas, radishes, lettuce, broccoli, and cabbage were planted on February 3, 2017 and are now being harvested. Warm season crops will be planted within the next few weeks and include green beans, peppers, tomatoes, okra herbs, and cucumbers.

The Senior Center gardening project teaches vegetable gardening practices. Raised bed gardening is a simple, effective way for anyone to enjoy small plot gardening.

This project was made possible through a partnership between Spalding County Parks, Public Grounds and Leisure Services, Spalding County Cooperative Extension Office, the Georgia Resource and Development Council/Two Rivers RC&D and the Griffin Home Depot.



For information, call the Spalding County Senior Center at 770-467-4384.

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