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PRESS RELEASE
FOR IMMEDIATE DISTRIBUTION

CONTACT:
Spalding County Parks and Recreation
(770) 467-4750

NEW KARATE CLASSES AT CITY PARK!

Shotokan Karate (a Japanese style of martial art) is now being offered at City Park Community Center, located at 601C Camp Northern Road, Griffin, GA, on Tuesday and Thursday evenings. Head Instructor, Tim Wilmoth, has over 25 years of experience teaching children and adults. He is a 3rd Degree Black Belt and has a black belt in the following styles: Shotokan Karate, Tang Soo Do, U.S.A.K.A American Karate, Shito-Ryu, and Ryu-kyu Kobudo. He also has a Green Belt in Mixed Martial Arts. He and his wife, Jennifer Wilmoth, who is also a 3rd Degree Black Belt, have many years of experience as teachers and are former owners of a very successful Karate Studio here in Griffin.

For more information and registration go to www.spaldingparksandrec.com

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