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PRESS RELEASE
FOR IMMEDIATE DISTRIBUTION

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**SPALDING COUNTY SENIOR CENTER
ANNOUNCES EXTENDED HOURS**

Beginning October 1st the Spalding County Senior Center will be open later on Tuesday and Thursday evenings. Members of the Center can enjoy playing pool, shuffleboard, cards and other self-directed activities! The fitness room will also be open which features treadmills, fitness cycles and strength training combination unit.

All of this and more will be available until 9:00pm on Tuesdays and Thursdays. Annual membership is just \$25 per year for adults ages 50 plus. Members of Silver Sneakers through Supplemental Insurance can join for free! For additional information please contact Supervisor Jo Ellis at 770-467-4750 or visit www.spaldingparksandrec.com

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